Now fully revised and updated, Clinical Psychology & People with Intellectual Disabilities provides both trainee and qualified clinical psychologists with the most up-to-date information and practical clinical skills for working with children and adults with diminished intellectual capabilities. In depth coverage is provided on all aspects of clinical practice – from key basic concepts and assessment to evidence-based intervention techniques. New chapters cover working professionally, working with people with autism and addressing aspects of the wider social context within which people with learning disabilities live. This text also represents an invaluable guide for clinical psychologists in training, who will learn about the current state of our knowledge in this important field, as well as those in related health and social care fields, including psychiatrists, nurses, and social workers.

Clinical Psychology & People with Intellectual Disabilities, Second edition, represents the most comprehensive guide to current evidence-based practices for working with people with intellectual disabilities in clinical settings.

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CLINICAL PSYCHOLOGY AND PEOPLE WITH INTELLECTUAL DISABILITIES
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In memory of our colleague
and friend Amanda Caine (1954–2011)
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In compiling the second edition of our book *Clinical Psychology and People with Intellectual Disabilities* we have attempted to provide a resource that will support the training of clinical psychologists and other professionals to work with people with intellectual disabilities. Our aim was to produce a text that covered the middle ground between a ‘how to do it’ manual and an academic review of the relevant literature.

The book consists of three sections. In the first section (creatively called Part 1: Setting the Scene) we have attempted to cover a range of issues that are likely to (or should) underpin the provision of clinical psychology (and other) services for people with intellectual disabilities. These include summaries of what is known about the number of people who have intellectual disabilities, the needs of people with intellectual disabilities, trends in service provision for people with intellectual disabilities and the legal framework within which services are provided.

In Part 2, we address a range of issues pertinent to clinical practice. These include general issues related to interviewing people with intellectual disabilities, structuring interventions and building rapport, working with families and with (and within) organisations.

In Part 3, we focus more specifically on issues related to clinical practice when working with some particular client groups; people with challenging behaviours or mental health problems, older people, parents who themselves have learning disabilities, people at risk of (or who have experienced) sexual exploitation and people with autism spectrum disorders. This list was not meant to be (and could not be) exhaustive. Instead our aim was to address clinical issues pertinent to supporting some of the more common reasons for intervention.

We hope that this comprehensive revision of *Clinical Psychology and People with Intellectual Disabilities* provides clinical psychologists and other professionals with the context, evidence and expert guidance required for effective clinical practice.

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*Amanda Caine*
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